



Notes



ALL THE THINGS

- Comforter on top of bedding for easy washing/changing
- Extra pillowcases on pillows
- Comforter on couch for "Sick Person Only" spot
- Line floor/bed with puppy pee pads or towels
- Line barf bowls with something disposable
- Paper towels next to barf bowl
- Cowbell in bed
- Keep toothbrushes / toothpaste separate
- Wipe face/mouth on separate towel
- Open windows and air out house
- Freeze mini marshmallows for a cold compress
- Mini marshmallows soothe sore throats
- Oranges ELIMINATE mucus
- Dairy products produce MORE mucus

CLOROX

- Doorknobs
- Light Switches
- Faucet Handles
- Toilet Handles
- Cell Phones
- Keyboards
- iPads
- Remote Controls
- Cowbell
- Barf Bowl

WASH

- Bedding
- Clothes
- Towels

THINGS TO HAVE ON-HAND

- Clorox Wipes
- Kleenex
- Fever-Reducing Medicine
- Puppy Pee Pads
- Soda Crackers
- Sprite/7-Up/Gatorade
- Mini Marshmallows



BRAT DIET

- Bananas
- Rice
- Apples (no skin)
- Toast

ONE-TIME PURCHASES/SOLUTIONS

- Separate Toothbrush/Toothpaste Solution
- Mouth-Wiping Towel Solution
- Cowbell