

72-HOUR EMERGENCY KITS

PERSONAL BAG

- Teeth Stuff
 - Toothbrush
 - Toothpaste
 - Floss
 - Mouthwash
- Hair Stuff
 - Comb/Brush
 - Ponytails
 - Bobby Pins
 - Dry Shampoo
 - Headbands
- Disposable washcloths
- Shampoo/Conditioner
- Mini Kleenex pack
- Mini lotion
- Contact solution and case
- Q-tips
- Cotton balls
- Make-up Removing Towelettes
- Mirror
- Razor
- Nail file, nail clippers, tweezers
- Chapstick
- Deodorant
- Tampons/Pads
- Pantliners
- Spare Glasses
- Medicine
 - Tylenol
 - Ibuprofen
 - Pepto Bismol
 - Benadryl
 - Prescriptions

RANDOM BAG

- Mini fan plus batteries
- Sewing kit
- Safety pins
- Charging Cord (iPhone)
- Scriptures
- Notebook/Pens
- Sharpies
- Dice / Yahtzee scorecards
- Phase 10
- UNO
- Things
- Playing cards
- Book
- List of addresses/phone numbers/safe places (laminated or folded up in a ziploc bag)
- Picture of each family member
- Copies of ID (License), Social Security Card, Passport, Military ID, etc.
- Copy of IMPORTANT INFO
- Checkbook
- Cash
- Calling card
- Maps (City, County, State, Fire/Forest Service, Photo)

SURVIVAL BAG

- Work gloves
- Bandana
- Poncho
- Foil blanket
- Handwarmers and toewarmers
- Compass/Whistle/Mirror/Waterproof Match Holder/Fire Starter/Necklace
- Stormproof matches
- Super glue
- Scissors
- Trash bags
- N95 masks
- Pocket knife
- Pepper spray

CLOTHING BAG

- Gloves (for warmth)
- 3 underwear minimum
- 3 pair socks minimum
- Pajamas
- Jeans
- Shirts
- Sweatshirt
- Beanie
- Hat (cap)
- Shoes

FIRST-AID BAG

- Band-Aids - assorted
- Butterfly Band-Aids
- Neosporin
- (this is just to get you started)

LOOSE ITEMS (SIDE POCKETS)

- Water bottle
- Hand sanitizer
- Flashlight / batteries
- Cash

LOOSE ITEMS (MAIN POCKET)

- Tarp
- 50' nylon rope
- Comfort food
- Water pouches

FOOD (IDEAS)

- Water (1 gallon per person per day - water pouches, bottles)
- Canned soup
- Canned tuna
- Spaghettios with meatballs
- Fruit cocktail
- Canned peaches
- Canned corn
- MREs/Mountain House Camping Food
- Freeze-dried food and snacks
- Granola bars
- Beef jerky
- Fruit snacks
- Suckers
- Smarties
- Gum

FOOD ACCESSORIES

- Can opener
- Disposable pads/placemats
- Paper plates and bowls
- Plastic utensils to cook and eat with
- Aluminum foil
- Dishwashing soap (mini)
- Hot pads
- Camping stove
- Fuel

5-GALLON BUCKET

- 5-gallon bucket
- Toilet seat
- Toilet paper
- Sanitation bags
- Paper towels
- Zip ties
- Ziploc bags
- Trash bags
- Clorox wipes
- Duct tape
- Masking tape
- Corded phone
- Screwdrivers
- Folding Stove
- Canned Heat
- Camping Pots
- Barf bags
- Lantern with batteries
- Handsoap
- Tube tent
- Shovel
- Lysol
- Nails/stakes to secure tarps
- Tent
- Nails/stakes to secure tent
- Walkie talkies (plus batteries)
- Crank flashlight/radio
- Water bottle filtration (Lifestraw)
- Lighter